

Who Can Attend:

Children ages 6 - 12 from the Sacramento Area Region with mild to severe Asthma.

Camp Activities:

This camp experience allows Asthmatic children the opportunity to experience recreational activities while learning more about their Asthma and how to handle it.

Activities include swimming, horseback riding, paddle boat riding, basketball, volleyball, hiking & nature walks, gardening, high & low challenge courses, wall climbing, environmental education activities, arts & crafts, indoor games & singing.



Where Kids Can Play

Two sessions per day involve learning how to live with Asthma through fun game activities, like "How To Breathe Like a Millionaire" and "Asthma Jeopardy."

Camp Sponsors ~ Reflect Kindness . . .

Our Organization is led by a volunteer board of directors who work throughout the year to raise the money necessary to provide these services free of charge to the children in our area.

Essential Details:

- **Camp Dates:** June 28th - July 1st, 2026
- **Camp Location:** Camp Arroyo, 5555 Arroyo Road, Livermore, CA
- **Cost:** "FREE" for "ALL" Asthmatic Children of the Sacramento Region. Registration is on a 1st come, 1st served basis.
- **Transportation:** Campers meet in Sacramento and travel together on buses for the two-hour trip.

To Apply:

Download forms at:

www.norcalasthmacamp/forms

(916) 354-3221

Camp Facilities:

Camp Arroyo, Livermore, is a state-of-the-art facility built with kids in mind.

The camp's design takes into consideration the children's physical and emotional needs and offers lots of fun in a safe and loving environment.

The camp was built by "The Taylor Family foundation" in partnership with the East Bay Regional Park District.

The camp's operator is the YMCA of the East Bay, which also runs its outdoor environmental educational program.

For more information about the facility, visit:
www.ttff.org



www.cafairplay.org

www.NorCalAsthmaCamp.org