

## back to the Children

Why an Asthma Camp?

Children need to know how to reduce the number and severity of their Asthma Episodes.

Founded in 2001, Al Brown, Sr., President / CEO has been helping the children of Sacramento experience a "True" camp experience by teaming up with the Taylor Family Foundation, Camp Arroyo. www.ttff.org

for more information please call 916.802.0466

or visit our website

www.cafairplay.org www.norcalasthmacamp.org



P.O. Box 683 Rancho Murieta, CA 95683



# Kids Play Asthma Camp

**Camp Arroyo, Livermore** 

Ages 6 - 12



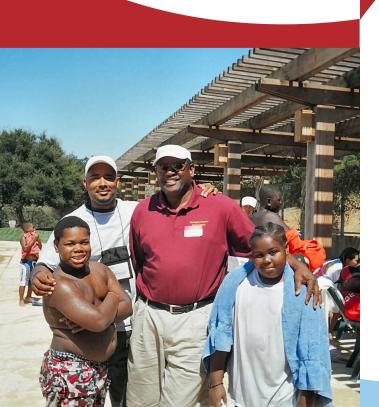
### Who Can Attend:

Children ages 6 - 12 from the Sacramento Area Region with mild to severe Asthma.

#### Camp Activities:

This camp experience allows Asthmatic children the opportunity to experience recreational activities while learning more about their Asthma and how to handle it.

Activities include swimming, horseback riding, paddle boat riding, basketball, volleyball, hiking & nature walks, gardening, high & low challenge courses, wall climbing, environmental education activities, arts & crafts, indoor games & singing.





Two sessions per day involve learning how to live with Asthma through fun game activities, like "How To Breathe Like a Millionaire" and "Asthma Jeopardy."

#### Camp Facilities:

Camp Arroyo, Livermore, is a state-of-the-art facility built with kids in mind.

The camp's design takes into consideration the children's physical and emotional needs and offers lots of fun in a safe and loving environment.

The camp was built by "The Taylor Family foundation" in partnership with the East Bay Regional Park District.

The camp's operator is the YMCA of the East Bay, which also runs its outdoor environmental educational program.

For more information about the facility, visit: www.ttff.org

#### Our Long Term Goal is to expand our programs to youth aged 13 - 18.

Our Organization is led by a volunteer board of directors who work throughout the year to raise the money necessary to provide these services free of charge to the children in our area.

#### Essential Details:

- Camp Dates: July 11th 14th, 2018
- Camp Location: Camp Arroyo, 5555 Arroyo Road, Livermore, CA
- Cost: "FREE" for "ALL" Asthmatic Children of the Sacramento Region. Registration is on a 1st come, 1st served basis.
- Transportation: Campers meet in Sacramento and travel together on buses for the two-hour trip.

To Apply: Download forms at: www.norcalasthmacamp/forms (916) 802-0466.

> www.cafairplay.org www.NorCalAsthmaCamp.ord